

Project Number: 2019-1-PT01-KA203-060772

## **HUMAN-SIZED SPIDER WEB**

Group size: 15-20 persons

Duration: 60 minutes

## Objectives:

- Let participants experience to work in team and to network for a common goal
- Facilitate group work
- Fostering a reflection on the importance of networking

## Description:

The goal of this activity is to physically pass each team member through a human-sized spider web within the time limit. Create a human-sized spider web outdoor using a rope and two trees. Let more holes than participants.

- Let participants know that they will participate in an activity that foresees that each group member passes through a human-sized spider web within a time limit.
- Introduce the rules of the activity:
  - all group should pass through the spider web within 20 minutes
  - they have 10 minutes to think about a strategy
  - each team member has to pass through a different hole. The same hole cannot be use twice
  - participants can support each other, but they cannot touch the spider web (rope).
- Let them start and identify a strategy (10 minutes)
- When they are ready, ask them to start the activity. Every time a member touches the rope and/or uses the same hole that has been used by other participants, ask all participants to start from the beginning.
- Once 20 minutes are passed, stop the activity and ask participants to sit for the debriefing.

## Debriefing - Evaluation:

- How are you? How was the experience?
- What did you discover about each other, and about the team work?
- What does this activity tell us about networking?
- Is it easy/difficult to network?
- Can networks facilitate inclusion processes?

Close with the evaluation of the session, asking participants to express their appreciation with 1 WORD.